



MEET THE

Team

PERSONAL TRAINER STAFF
2025

PEYTON MARSHALL

SPECIALIZATION: STRENGTH TRAINING AND WEIGHT LOSS

CLASS OF 2027

MAJOR: KINESIOLOGY

HOMETOWN: CHARLOTTESVILLE, VA



**"I BECAME A PERSONAL TRAINER TO HELP SPREAD THE
KNOWLEDGE OF STRENGTH TRAINING AND HELP EVERYONE BE
THE BEST VERSION OF THEMSELVES."**

PERSONAL TRAINER STAFF 2025

BE ACTIVE
BELONGWOOD
CAMPUS REC

DAVID LOW

SPECIALIZATION: MUSCLE GAIN AND STRENGTH TRAINING

CLASS OF 2027

MAJOR: KINESIOLOGY

HOMETOWN: WARRENTON, VA



"I BECAME A PERSONAL TRAINER BECAUSE HELPING PEOPLE IMPROVE THEIR QUALITY OF LIFE THROUGH PHYSICAL ACTIVITY IS MY PASSION. THE GYM HAS HELPED ME GROW SO MUCH AS A PERSON AND I WANT TO HELP OTHERS ACHIEVE THE SAME."

PERSONAL TRAINER STAFF 2025

BE ACTIVE
BELONGWOOD
CAMPUS REC

ELIZAVETA GNILOZUBOVA

**SPECIALIZATION: WEIGHT LOSS, STRENGTH AND
CONDITIONING, TENNIS TRAINING, AND CARDIO**

CLASS OF 2026

MAJOR: FINANCE

HOMETOWN: ASTANA, KAZAKHSTAN



"I AM A PROFESSIONAL TENNIS PLAYER AND HAVE BEEN IN SPORTS SINCE I WAS 3 YEARS OLD. TENNIS IS MY PASSION AND I PLAN TO COACH IN THE FUTURE SO I DECIDED TO BECOME A PERSONAL TRAINER TO SHARE MY KNOWLEDGE IN IN EXERCISE AND SPORT WITH OTHERS WHILE GROWING IN THE FIELD MYSELF."

PERSONAL TRAINER STAFF 2025

BE ACTIVE
BELONGWOOD
CAMPUS REC

JORDYN BREAZZEAL

SPECIALIZATION: STRENGTH TRAINING

CLASS OF 2028

MAJOR: KINESIOLOGY

HOMETOWN: SMITHFIELD, VA



"I BECAME A PERSONAL TRAINER BECAUSE I WANT TO HELP PEOPLE REACH THEIR FITNESS GOALS AND TO DEVELOP THE SKILLS NECESSARY TO HELP ME SUCCEED IN A CAREER WITHIN THE FITNESS PROFESSION."

PERSONAL TRAINER STAFF 2025

BE ACTIVE
BELONGWOOD
CAMPUS REC